

20 QUESTIONS

Choose one, or two, or three, or none, of the following suggestions.
Consider your chosen topics (or others, or none) for a few moments.
Share as much or as little as you like.

1. Share something about yourself that your partner does not know.
2. Describe a childhood memory in which you felt particularly empowered, or loved.
3. Tell one of your dreams.
4. Describe an experience you have had that you would define as spiritual.
5. Describe an experience in which you faced and overcame suffering.
6. Describe a humorous event in your life.
7. Talk about something with which you are currently struggling.
8. When you consider your own nature and talents, what are you good at? Where do you shine?
9. Reveal one of your fears.
10. What is the smell, or touch, or taste, or sound, that you love the most? Why?
11. Talk about something you know deeply.
12. If you could change one thing about the world, what would it be?
13. If you could change one thing about yourself, what would it be?
14. What does your shadow look like, or sound like? What does it say?
15. Share something you believe.
16. When you are feeling weak and vulnerable, what must you remember?
17. What is your favorite book, or story, or film, or poem, or painting? Why?
18. Describe one thing you feel is necessary for you to do before you die.
19. Who do you love?
20. Talk about something not on this list.